

LAUREANO RODRIGUEZ MORALES

Integral-Revolutionary and Regenerative Psychology

INTRODUCTION



*"A brave warrior is the one that with the sword
of his willingness wins the battle against himself,
not that one who takes his tongue out to
wage the war and destroy the humanity"*

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Laureano Rodríguez Morales







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FOREWORD

Mr(s) Reader, if we want or are interested in reading or studying this simple book, We must be impartial, moving away from political, social o religious fanaticisms or any other kind, because this moves us away from knowledge, tying us, fastening us to a world of illusions, putting us in an dead end; and we must learn how to be free, not to live prisoners of society, fearful of criticism, ridicule or defamation; not to be one more of the pile of those who suffer in silence by fear or cowardice, let's stop being victims of fear, do not be slaves of traumatic and determinant social commitments, let's stop being good-for-nothing in lack of will, do not become like donkeys

halted by the terrible ways of what people will say; let's be free day and night, all the time, every moment; let's think by ourselves; let's untie ourselves that amount of ropes, threads or psychological chains that keep us in the prison of the pain; do not give importance to vile persecution, calumnies or defamation of our enemies, because they are always motivated by envy; let's be free like the wind; let's stop being a tool of the devil, from that self legions, errors; let's look for the revolution of the conscience and let's set us free in an integral and ultimately manner so that we stop being the simple puppets or toys of society.

Let's wake our consciousness up to get out of the traumatic dream of misbelieves, let's fight to discover the reality, all of us

have this privilege or capacity, only we should carry with us willingness to verify it with practice.

Science I am giving on this small book is free, because I am not interested in profits; it is adapted to common language o popular terminology, simple and elemental, without adornments nor intellectual complication to be understandable or assimilable of any level; then we do not look for grammatical or literary perfection in it; also I apologize the repetition of words, phrases or ideas as you know that are the base of pedagogy, to repeat and to repeat to teach or to learn. It looks for the balance, the harmonious development of the human being in a practical and direct way. It is based on the truth of experience, of own experiences, this is the reason why the most important of this teaching is to direct to the neophyte, the diligent

student one, to the verification and not only to live of beliefs or theories. When we verify with facts these realities, we will stop dreaming, to live of simple commentaries, dogmas, meaningless concepts that only make us waste time in a miserable way; the man must learn how to be practical, to develop the self criticism, the sense of perfection; we must watch everything after stop, in an objective and certain manner, and not only living feeling sorry about things we made or stopped doing, going back to our memories, things of the past because we do not understand that the physical part of that yesterday, no longer remains, there are only the results or positive or negative consequences in the psychological aspect, which we must eliminate so that we do not waste more time. Men and women must learn how to be firm and assure physically and

psychologically, stopping being victims of the circumstances.



WAKING UP BASICS

We know well that the real man of the ancient time was gifted among other powers such as: the intuition, the telepathy, dominion of the mind, the physical body, emotions, the space sense and in addition he was owned of a true astral body. These and many other powers can be recovered and developed through conscious works and special practices; we must fight for becoming these real men from those ancient past time, leaving behind to be the poor puppet at the present time, the automaton moved by simple degenerated emotions, like shadows, victims of other people's concepts or ideas, toys of the nature; of course, many people will say: "I am a straight man, I have many women, I have many children, I drink every day, I have lots of money, I have good social status, I have many real estate property

and so forth”; but it is to be understood or known very well that **the true man in the real meaning of the word, that he/she is a being balanced psychologically and physically, is that one who acts by himself with true consciousness**, he is not based on vagueness, he knows what he must do and he does it, and what he should not do he does not do it, he stopped to be a mechanical toy, a marionette; he is not an “fast-empty-talker” of those that only collect garbage and poison speaking badly about the humanity; he is owner of himself, it means he has come to life again among the living dead, he thinks by himself, and so on., but this is only achieved working on the psychology aspect, fighting for the waking up of the consciousness. Let’s become true investigators and do not reject a teaching or an orientation that we do not

know by fanaticism, because this owns of the ignorant one; we find certain sects or religious groups possibly very respectable, but these do not allow their followers or disciples to investigate or experiment other knowledge, but they do want to force the others to accept theirs, and let's ask ourselves: why that fear? why that insecurity? whether a true wisdom is given, then prevention disappears because it is founded in truth, why do they forbid the people to listen to or read to other people offer saying that is negative, satanic and other denominations? doing this they take away the freedom to explore on their own, to understand, to open eyes and realize what they are doing with them, how they handle them, or possibly, how they exploit them; or due to this, would the business be finished to them? one of the most serious errors is to live or wandering to live in the

ignorance, with the eyes blindfold since we are born to death because we do not want to listen to whom is going to help us in waking up our consciousness; we often prefer to stay blind rather than seeing the reality. Some people feel true terror when reading or knowing any teaching that contradicts something of their beliefs and they fear that these can “change their minds or divert their way”, they do not have any security in their beliefs because they have never verified nothing. Here is the statement: **“No matter how dark and thick darkness is, as much as the darkness of ignorance.”** Let’s investigate over and over again, explore within us, because if we do not work on our own existence or on our own life, we are wasting time in a miserable, degrading and clumsy way, turning indeed us into victims of bluffer and humbug ones, that are rich like bad weed; of course we do not

have either to waste time hearing or reading meaningless things, which we have knowledge on, these have not contributed us or will not contribute us at all either.

We must fight for **consciousness awaking**; to look for the integral overcoming untiringly so that we someday arrive at the **true accomplishment or liberation of our INNER BEING**.

Let's give us a little brake while in our life and ask ourselves: Where do I come from?...Where am I going?...Why am I here?...Where was I before I was born?...What is the purpose of being alive?...Will it be to be born, to grow up, to get married, to undergo disappointments of all kinds, to have children, become elder and die?...perhaps, Will it be to make a lot of money, get houses, cars, possessions of all

kinds, or have a lot of fame, prestige, power, etc.?...let's think over in these questions. We are born without knowing how and we die without knowing when either; because we have never worried to investigate these phenomena, these unknown, these badly called "mysteries."

Why are there people who are physically born well formed and others handicaps?...Why some people are born intelligent and others with disability to learn?...human beings with great knowledge, "geniuses" like Mozart or Beethoven who at the age of five were able to play piano perfectly well, they created wonderful master pieces in music, that for a common person it would take many years to achieve half part of it, and let's ask ourselves: Who taught them to reach this knowledge?, whether nature does not give jumps or discriminate anybody? Classical

examples such as: Michel Angel, Leonardo Da Vinci, Julius Verne and a few others who in the field of Art and Science were exceptional, they predicted events that have been fulfilled and will be fulfilled by the book; also there are those ones who make perfect and very complex devices while others rack their brains to place a nut; so why these phenomena? Here there are those characters who show up, blaming and judging the Creator, because of his own disability, his own mediocrity, about the misfortunes and suffer they experience, because they do not understand those principles or values of intelligence and conscience of the great men also we used to have them in a past time. The difference is that they knew how to take advantage and develop these faculties and on the contrary we destroyed them.

Let's recover our lost capabilities so that we do not go on walking blind along the tortuous and painful paths of life, committing errors at every step, as a result our consciousness will fall asleep much more every moment.

We have to work on our psychological aspect, fighting for **the awakening of our consciousness, by means of three aspects or factors:**

First at all, the disintegration or elimination of our psychological errors by means of special and well defined practices.

Secondly, the wise use or improvement of our sexual energy to regenerate our physical body and other more relevant areas which we will know further on in other opportunity.

Finally, to give the knowledge in a voluntary and disinterested way to our fellows without exceptions of any kind, no matter the colour of the skin, the religion, the nationality, the creed, sex, and so forth, or what we understand like sacrifice to the humanity .

Let's point out about the elimination or death of psychological one-self.

The psychological one-self is the same error, defect or sin as it is called in some religions, also known as psychological aggregates or egos, and the human beings are the result of the sum of these defects created through our existences, we have for example, The one-self: to steal, to play, to adulterate, to lie, to fornicate, to drink, to fight and so on.

These defects have become a second nature into us and they manage us,

making us act according to the self that is predominating at a certain time according to their whims; turning us in something like a puppet moved by many invisible threads that are each one of the aggregates which are in our interior, stealing each manifestation part of our essence or conscience and becoming us in drowsy creatures more often, victims of the error; due to it we live suffering and making suffer our fellows by our unconsciousness.

In these practical studies we look for the elimination, destruction or final death of these defects and understand well, it is not to suppress, cover up or justify them as it is commonly done; for example: someone might believe that because a few months ago he stopped drinking, he/she believes he/she has already given up from the Self-alcohol inside

him/her, self-drunkenness; one can say: I quit lying, I removed envy, anger, hatred, etc..; it is regretting to say that this is a big lie because the fact that someone possesses some willingness for suppressing it does not mean we have eliminated something, because let's remember, suppress is not eliminated yet; suppress is put an end to a mistake at a given moment, even for years, but some day without thinking it appears without notice causing us huge or tremendous impacts in our lives.

It is like building a dam or mole to a river's flow, when it is fills up with water it starts leaking or cracks the barrier destroying everything it finds in its path; the same happens to an error or defect that is justified and it is being repressed, when it appears again it is stronger and more dangerous than it was before; forcing us

to commit much more serious mistakes. The alcoholic one who in a short lapses of lucidity says: "I won't go back to drink again," puts his little or much will and keeps him sober one, three, ten months, or else. But suddenly the defect emerges, the Self-alcohol begins to request for its doze, then the individual does not resist this repression and looks immediately for the way to justify the returning to drink; to get this any excuse is valid, for example: when he/she runs into an old friend who has not seen for ages, a baptism celebration, a birthday party, the death of a relative , and so on...so it comes a toast! it is followed by another and another more, until our character wants to drink the whole bar, to recover everything that he stopped drinking during the time he was repressed from it.

Another very well-known case is celibacy that **means alone**, and this is

one way to repress our sexuality, an abstention, do not have sexual relations, it means, to put a barrier to our sexuality, but it is illogical and is totally verified that this process can not be stopped in this way, because this energy is so subtle and powerful that is forced and looks for its way out, then there is when problems arrive such as involuntary ejaculation while sleeping, masturbation, degeneracy, and all kind of aberrations or deviations already well-known.

We must then understand how the defects or errors are destroyed by means of knowledge in depth and special practices, because it is not saying, “I quit the alcohol, the cigarette, the greed, rage, masturbation, revenge, and so on”. It is Not!...it is by struggling, using weapons to destroy all negative we carry inside us so that it will never appear again. And these weapons are **“self-observation”**

and the “**elimination or death in the act itself**”.

The “**self-observation**” is the act to feel or perceive our inner part. The result of a representation, a physical or external event, for example: if someone offends me or hurts me with an insult or with an ironical glance, this causes an impact in my inner or psychological part which is manifested by or has an effect in the outside part; perhaps turning it into violence, whether physically or verbally, and the result usually is disastrous. Then, let's have a look what the “**self-observation**” is use for.

This is use for being alert to any event either good or bad and stay in calm, quiet; if we are offended we are not going to let us drag by wrath, we do not identify with this, we do not allow this impulse takes us to commit serious

mistakes, later on it becomes in hatred, revenge or else. Or on the contrary if somebody flatters to us, praises, congratulates or exalts, we are not going to give free rein to vanity, pride, or happiness.

With the **“self-Observation” the true psychological balance looks for :** fighting to transform the impressions that come from outside, the external world and passing to our psychological interior, thus we learn how not die as a result of wrath because of an offence, neither to disintegrate us by joy nor for a praise or flattery. We became owners of the situations, we can determinate and put them on a stop, restrain these impulses and transforming these into understanding to continue with the **second step which is the “elimination or death in the act itself.”** This second practical one is the duty to disintegrate or to destroy the error

or psychological-self instantly when it shows up or manifests itself, of course that labor demands to make super efforts, a great deal of will, an irreversible character and plenty understanding.

In synthesis we need to arm ourselves with lots of strength and willingness because with the error, evil and sin, it is necessary to be radical or “obstinate” as it is qualified or ranked by those who are disable for this labor, then with the **“self - observation” we discover the hidden enemy (the psychological-self), with the understanding we make analysis of this present defect, and with the “elimination or death in the act it self”, we fight tirelessly to its disintegration or destruction;** nevertheless this is not achieved with a single practice; it is necessary to work on this as many times as it appears, when this defect is

manifested, to its disintegration. We must make ourselves very clear that for this labor of the psychological death we can not do it without certain powerful force which is latent in the sex.



THE POWER OF SEX

Have you ever asked yourself ¿What is due the fierceness, the magnificence, strength, the spirit, the agility, the beauty, and so on...of the called caste bull? It is precisely due to his sexual energies this animal is separated from the females since it was a very small one and that makes his sexual energies become absorbed again in itself by the body and these are directed across the bloodstream, fortifying cells and tissues in the body and providing it with these characteristics worthy of admiration. The same happens with fighting roosters and racehorses these animals are separated from their opposite part, which make these wonderful energies flowing from sex and are also absorbed once again and distributed in their bodies, fortifying them, giving this

capacity of withstand, value and natural beauty. if this happens to animals, that without knowledge and in a repress way imposed by humans, these animal have achieved these wonders, making them celibate (single). What would human beings achieve to make it consciously?, and with his little or much intelligence he/she would transform or transmute it totally, to give him/her strength, to regenerate his physical body, keep young, prolonging his life or existence, having the capability to withstand terrible diseases, these that a common person would not withstand, and grow spiritually, **in synthesis for his/her total fulfilment.**

For those of you who are interested in deep studies about the sexual aspect we will talk in more detail.

Now, let's look at the second aspect that is "to be born".

Sex plays a major role, because to be born means the wise use of our sexual energies, avoiding giving free rein to instincts and sexual desires that make us commit terrible crimes against our own body, when we expel this raw material, these waters of life, which are a source of wisdom, strength, vitality, light, etc.. The wise beings of the past knew and practiced the **transformation, the change or transmuting of the sexual energies**, which used to elevate them at the level of **super man** with consciousness, with the true or real awareness; they were real kings of the nature with dominion over themselves and over all the creatures and elements around them; beings who were moved by their own will, beings who did not used to live from what people will say or other people's concepts, in synthesis they were not automatons, instead of it they were balanced men, all that

because of the willingness to wisely direct these energies that flow from our sexual part, thus **we were physically born from a sexual intercourse, also we are born spiritually in the same form.**

But as well as sex is used to create or give life, or equal way when it is used badly, these bad-directed energies destroy us.

The **source of Life is latent in sex** , not only physically but spiritually, and spiritually because by means of transmuted semen in energy and the energy in fire, it arrives the total accomplishment, the manufacture and development of **the superior existential bodies of the Being**, and this is what is understood to “**be born again**” because this energy is so powerful that transforms the ordinary man or woman in a superhuman and **the superhuman in a God.**

With regard to the **third factor, Sacrifice for the humankind**", it is understood by it the yearning, the desire or willingness of serving without any interest to our fellows, giving them the wisdom of this direct path toward the liberation, **the norms to integral regeneration.**

Somebody who gets wisdom and shares it with his fellows without any reward, is like the true wise man, who at first fertilizes and prepares well the soil and later he sows the seed; that fertilizing is to prepare ourselves with the knowledge; to seed the seed is giving or delivering it to our fellows and the fruit is the immense joy, happiness we feel when humanity is overcoming itself practicing this teachings, because they have understood and assimilated **the inner knowledge**, that is what releases us of the pain in this world, **awaking our consciousness up** to

know and follow **the path of truth or path of light**; that is why anybody who gives wisdom, receives more wisdom, creates and strengthens his soul based on the virtues, pays his debts to the Divine Law and finally receives **the crown of the liberation or accomplishment**.

These three factors of the Revolution of Consciousness must be worked in a perfect balance, because we could not dedicate only to the death or disintegration of the self, so that we go on working in being born or sacrifice for humanity...it is not! ...These must be worked in unison. Let's fight for the waking up of the consciousness to emerge from this tedious and horrifying lethargy, no matter who laughs, who calls us crazy or mad, who hates us or detests us;

do not give importance to these things; we must stop being **machines, automatons** handled by other automatons; do not waste time listening to the famous “**fast-mind-speaker**”, it means those who speak and speak as parrots about things that they do not know, who are not known, and if by any chance they know something about theory they never practiced it because of their disability, fanaticism, lack of intelligence and willingness; those are the ones who want to change the world based on their mediocrity and mentality fast talker. **The wise man** on the other hand is an investigator, intrepid, irreversible of character, generous, simple, sociable, and so on... Because He has become master of himself, **he has been born again among living dead, therefore he thinks and acts at his own will.** **”The big man is humble, simple**

and prudent; the conceited man is proud and prepotent, is so empty and so insignificant that is not seen.”

In order to arrive at this independence, this self-control, we must be put us under simple practices and disciplines that demonstrate us in concrete facts, the relation between what is said and what is done, for example: the dominion of the physical body, the mind, the emotions, the elimination of defects or errors of psychological kind, the regeneration of the atrophied cells, how to keep young and recover lost neurons, to make existence last longer, likewise many other values of human beings.



MENTAL STILLNESS

To seek for perfection by the direct path we must learn how to get to **true concentration**, in order to achieve the mental stillness and begin to pick up particles of energy or consciousness dispersed by rambling, that does not allow us to **have continuity of purpose** in our daily bases at work, because our mind is vague, uncertain, vane; stopping us to have a directed attention to objective we are looking for, making impossible to crystallize our positive ideas. We must get this mental stillness of the great wise men and masters of the past who knew how to control or dominate the mind, to be use **at will**, because they were titans in the handling of that power; a volatile mind or dispersed one, it would be as if we would have in an office or a room,

many radios turned on and tuned in different radio stations, one in the news, another in the serial or radio novel, one more in the pop music, another one in the soccer match, one in classical music, and so on. This is really gibberish or a confusion of unbearable noise, then, what must we do to make this place silent?... Well, simply we have to turn off one by one the different radios until reaching the calm, the silence, total peace. The same happens to our mind when we make any labour but we are thinking about other different things such as: our girlfriend or boyfriend, a lover, a lunch, a soccer match, a customer, the money I am in debt or the money I must collect, a child at school, a doctor's appointment, and so on, it is the reality; I apologize because it is like a common saying a "messy mind", a psychological lack of order.

A dispersed mind will never achieve its true objective, only makes us waste time and a lot of energy; that is the reason why everything goes wrong to us, for example: the lady who is cooking and watching or listening to her favorite soap opera, she is so identified with this event that when her favorite actor or actress appears on the screen, instead of adding the mixed ingredients to the pot and gives a stir to the soup, throws the knife inside, and forgets to add salt or dressings too, or adds twice of all, throws away the haricots and cooks the husk, because she simultaneously has her mind occupied in many things at the same time.

Another example could be said about the doctor who is in a surgery, but his mind is not there, it is dispersed, on one side of his mind an emotional problem, on the other side a family matter, on another

extra surgery, or fear that the patient dies, a later appointment, and so on, then it happens that he leaves accidentally the scalpel inside the patient, the gauze, or any other surgical instrument.

Another living case is that of the driver who is driving, but his mind is split in many parts because he is talking over his mobile phone, or he is worried about his son who is sick, or because his wife was unfaithful to him, and so on., then happens an accident, a traffic violation, the death of a pedestrian or an overturn of a car face down, and all these because he has his mind dispersed in many events.

A person whose job is to maintenance or fix up electric home appliances; let's look at the picture: he disassembles the blender for repairing it, but he begins to place a screw on one side, other screw on the opposite side, a third one in his

pocket, and in that precise moment the telephone rings, consequently he leaves another part of the blender somewhere else, he mixes up the blade with others, confuses the electrical cord, and so forth, and if by any chance (as usual) He has an assistant near him, a friend or employee of those “**FAST-MIND-TALKERS**”, a resentment one who is defaming, slandering, sowing discord, bringing dishonor or merit to others due of **ENVY**; it is logical that when he is going to assemble the device he is completely confused, and there is when the questions begin: Who took the screws?...What happened to the electrical cord? Who confused the blade? and so on. In conclusion he now needs to look for the electrical cord, screws, blender glass and the rest of the parts to finally making to his customer, the famous and well known “graft”, disappointing the person who

trusted in him, in the honesty and quality of work he was entrusted to him, and after it there comes the complaints, insults, arguments and at the end an injured or dead of anyone caused by the irresponsibility who did the work and the lack of understanding of both of them.

Thinking deeply about this we can understand that these dramas appear because our mind is not an unity but is multiplicity, because each defect of psychological kind owns its own mind, with a fraction bottled up of our own consciousness; due to this we can say we have no mind therefore minds, our thought is dispersed, there is not individuality, we do not have great capacity of analysis, therefore we are no responsible in our acts; due to it if we learn how to quiet our mind, the result usually is one of the most powerful values of the human being,

because this mental energy is directed to an only goal, to a single (unique) thing and in this manner we achieve to make any kind of work in a satisfactory form, spending less time, less energy, less raw materials and psychologically we will feel very well and quiet; problems will be minimized, continuity in our purposes will go on, the ramblings will be finished, and so the insecurity in our daily work and the mediocre works will disappear which are done for having the consciousness asleep, due to unconsciousness; due to it is urgent, it is necessary to fight for waking up our consciousness and the dominion of the mind is one of the bases for this work, due to this is said **“when walk, walk, when you eat, eat; do what you must do.”** Our mind must be well located in the work being done or performed, it means in a single goal, in one only place, in a single thought, this

is the true concentration, because when the mind is split in two thoughts or situations at the same time, there begins to work the terrible “**mediocrity**”, for this reason we say “**divided mind-lost existence**”.

Get mind stillness is not that easier as people have said to us or we have believed, that discipline, willingness, continuity of purposes and a lot of tenacity to reach it is needed.

Let's look at another example from everyday life: about someone who is fighting for getting a job (something very difficult in these times), if he is lucky and gets it, then it begins his odyssey, and he says to himself: “I going to fight for keeping this Job” and he always tries to exceed assigned task, with the idea that if he fails, he will be sacked, and every day he will push himself to

do what he is not able to do, with his boss's nose at his neck, asking himself, will he be happy with my job?, or will he fire me?...will I be efficient in my job or not?...Or will my colleagues be speaking bad about me? Etc., and when he sees a more experienced and competent employee, he makes great efforts to overcome him, he works the extra mile of the work done by the colleague when in fact he is only capable to give fifty or sixty percent and because of it he can not achieve it he takes advantage to the terrible plague called "envy", then he begins to defame and pursue him.

Thinking deeply on this matter we wonder: Where is his mind?...of course nowhere, because it is a vane mind that is dispersed in many sites simultaneously, which turns him an unstable person who is suffering delirious of persecution and

instability, and the final result is a paranoid one, an insane one; many times we attempt to give a hand to a man like him, it is recommended making around five minutes of relaxation to balance nerves, to be calm and make a successful performance in his work but the answer is well-known: "I have no time";...we say to him: ...concentrate yourself for ten minutes to take a rest and relax your mind, the answer is: "I do not waste time in these silly things"; let pray to God, he would say "I have no time", and so on; there is no time for health, to get still the mind or the spirit, but there is extra time to defame, slander, skinning alive the humanity, for drinking , go to party, chase co-workers, underestimate them, and so forth. Finally we can see people like him a convalescent home, in a mental hospital or in the tomb, victim of a heart attack by living under

pressure, because he has his mind split in many particles, controlled by the psychologically-self, living without conscience, identified with other people and what they will say.

We must learn how to control our mind, handle it and do not allow it to control us, because this is the reason why the time is not enough for us at all, we are always with the terrible anxiety, indecision, caught between sword and wall, always immersed in fatalism, mediocrity, and so on. What a pity to talk with a person like him, we can not motivate him to do something for himself, as we said: relaxation, concentration or a daily life practice likewise **“self-observation”** and **“elimination or death on the act itself”** of our errors, because others look at us with disdain, with pity, as sleepwalkers and it is taken as an insult, because they has no time for those “nonsense”, because

they “have to work to eat,” and so on. It is only logical that everybody has to work to get what it is necessary to live for, but we can not make the material things as an end or the only reason to exist, because it is only a mean; let’s look for that aim in our interior. To achieve this target we need willingness as a first step, and being tired of suffering, battle, living only of deceit, lies, slander, persecution, murder, and so on. It is where as a common saying **“the priest preaches but does not apply his homilies”**, where they block up or teach us how to repress mistakes and never they give us the knowledge to eliminate them; they do not give us the real tools to kill the all legion of predatory birds that devour us internally and an indolent way; so here we are delivering some bases to start this direct path, the path of the wise men, of the practical investigator,

because the intelligent man is the one who thinks, discerns, experiments, extracts the good from the evil and applies it without vague reasoning.

Let's fight to seek for the human realization path and "Do not do to others what you do not want them to do to you", let's wear ourselves the steal suit of value and understanding to eliminate our errors, defects or self (egos), which are the cause or the barrier that stops us from acting honestly.

Many people say: "I have very bad luck, everything I do go wrong" and go out of the street to look for someone who fixes it for them, they go where other people advice to go and they find the predicament to believe in someone who will solve their problems the majority of the times he/she is in a worst condition than themselves; likewise

there are those who take or use the spiritual part as hook to make a trick to the fellow, to get money selling false medicine, idols, fetishes, perfumes, amulets, candles of various colors, bathroom essences, and so on.. telling them that it is for good luck, or to give them a small place in heaven, and all in the name of God, who is the horse of battle of these tricksters, that in a indolent way take advantage of these painful situations that human beings are living in these times of chaos, who can work out this evils when the germ of bad luck is inside us? Only everyone can change these cases thus modifying the consequences, because there is no effect without cause or cause without effect either; let's transform our life cleaning our interior, taking out and destroying all these wild beast, these hyena that devour us internally such as: **fury, lust, laziness, greed, envy ,**

pride, justification and all sort s, branches or tent acles of these abomination; but let's remind and keep in mind that **“one thing is to know the theory and another to implement it, one thing is to know the road and another walk on it ”**, so here we are giving the practices of their elimination and as we are killing, disintegrating or destroy all these predatory birds, these defects we carry within us, we will see clearly the path that will lead us triumphal to the awakening of our conscience. **“If you are really a brave an intelligent warrior, then do not look further for your enemy on the out side world, search for him within yourself” .**



TO PARENTS

Parents fight to educate the child so that later the authorities do not have to punish the young or condemn the adult. Keep close to them and give a little time to them now, to orient them, to guide them, so that later on you should painfully go to visit them in jail for twenty, thirty or more years in prison or the rest of their days, taking flowers to the cemetery, making them feel sad, pain and bitterness to the whole family, perhaps by a violent death; think over, investigate and remember that the wise man when walks away from this world leaves knowledge and wisdom, and departs happily because he took advantage of his existence doing useful things to leave to the humanity; instead the ignorant leaves beings without God and law, suffering bitterly of hunger, sicknesses, without education, protection,

love and so forth. They lost their existence miserably, because they left only pain, sadness and bitterness for the humanity. Parents must be close to their children to see their behaviour, listen to their words, reply their questions and so forth. For this reason it is necessary for you to make the effort, to worry for your own education or go back to school to have the right sources, the moral and psychological authority to guide them or to make them walk on the right path, teaching them to be helpful, to respect God in all his manifestations, warn them from the lurking dangers every now and then, instruct them to respect others, warning them of hallucinogenic drugs, alcohol, marijuana, and so on, all kind of perversions, degeneration, bad companies and thousands and thousands of dangers that lurk in this involutinal and degenerate time; of course many people will say: “we do

not have time for that, we have to work, we are very busy, and so forth.” Then, how wonderful it would be that before becoming parents in this world of illusions, they plan ahead very well to be able to pay attention to them, direct and educate them because many parents only have time for the soccer match, going to the bar, some gambling activity, going party, go to a ball, go dancing or else. Or furthermore they believe they are fulfilling their obligations because the brought back home with the new brand soccer ball, the new brand ten speed bicycle, the newest line skates, outstanding sport clothes, updated watches, etc., or because they give full freedom to do what their children want to do; some mothers neglect their obligation toward their children, to go to play bingo bongo, to be the host of any important person, the bridge game, the party,

visiting their intimates, the parade of fashion, the cinema, or else; there are many ignorant parents who reject claims when someone has to complaint about their children, for example: because he had broken a glass with the soccer ball; they blow up their minds and their answer is: "let the children play, stop chasing them, let them brake as many windows as they can, I will pay for everything, let them throw stones away, let them shout as high as they wish, let them insult people, ¡Do not you understand! That if I forbid them they will become insane, foolish and so on. And these poor, mediocre and arrogant parents, believe they are very good at being parents, very modern ones because they justify all errors to their poor angels, they do not realize that later they will suffer the consequences of pandering to their children; also we see many parents who

believe that covering them up or justifying their laziness to their children they are fulfilling their obligation as parents, and they become slaves of their own children day and night doing homework for them while they are playing, making damage in the streets to their neighbors or while they are watching pornography on television, in the Internet and so on, and if ever Dad or Mom decide to tell them if they do not do homework then neither can they play, watch the soccer nor seeing their favorite movie, then, they react violently saying...¡Hey! “What an old, hysterical and outdated you are...I will sue you..., and so on.

Here we can see how parents of family have lost their authority and have become the students and slaves of their own children; it is right to help them, to guide them, but not loading onto them

because this is not logical, this extreme, this instead of helping their children take the ability away to understand them, to investigate, to speed their memory capacity and develop their intelligence.

The good example of parents is fundamental in the development of the personality of the child, because parents are forming or creating on them a indestructible mirror in which they are going to watch the rest of their days, because the child is the reflect or the image of his parents; parents should ever tell the truth to their children, since they have a blind faith in their parents, they believe everything they say and although they teach lies to them, that is real for them and later when the teacher or any other person tells them the truth, they would not believe in that truth, they would not accept it or they will feel disappointed, because Dad or Mom

taught them something different, it is indeed that we as adults we do not accept the truth, because we grew up on the basis of lies or deceit which is taught, due to it we see that truth is received in daily life as rudeness, as a dirty word, as the worst insult, as the most aggressive, causing many ravages; some times people have told me that my way of writing is very ironic, too satirical, and I have replied that it is so; it is possible, because that is the qualification to whom gives the truth, because we are not ready to get this and the little or much that I have written or I will write will be impregnated by this truth called "irony or satire" because I do not like deceit, tricky things, I like to be straight and radical.

Let's remember how we started to hear lies when we were children e.g.: "Mom: Who does bring the children or how

children come to the world?...the stork brings them, my child; in Christmas, Who does bring presents for us? ... “Santa Claus...” “Dad, What was the original sin?...The original sin was eating an apple; Why does Santa Claus only bring rubber balls, plastic cars and dolls to me and to the neighbours in the front door he brings bicycles, motorcycles, skates, very nice watches? Does not he love me?...no, my son, He loves you...what happens is that Santa Claus is very poor this year and he did not have enough presents, but next year He will bring you more beautiful presents”; but next December when Christmas comes back again, and the child is disappointed once again, then he will feel distrust toward this character due to this discrimination, and so on he is crystallizing the destructive lie engendered by their parents, and that terrible chain follows forever.

Make up your minds to wake up consciousness so that you can lead your children and help some other people's children too.

Let's fight untiringly to wake up of this lethargy, let's be "radical with the error", and irreversible in the elimination of the psychological-self, to stop living excited with the things of this world, typical of this modern obscurantism that has made us drowsy, suspended in things that are not real, which only serve as a barrier to avoid our evolution and instead of this we live in constant degradation, backward movement and involution.

We see for example the fashions which enslaves eighty or ninety percent of the human beings, who live being hallucinated waiting for the next day to

see what comes out again...The wide or narrow tie; the dress or the suit of three, four or more buttons; the flat or folded pants, the rip pants, the blue narrow or wide jeans, full of holes, patches, spots, or else, the “Hipster jeans”, the “ring” in men’s ears, the “tattoos” and the famous “piercing” which has hallucinated the youth making them drill or break the body to put metal objects of all kinds...(suddenly they appear putting pliers, hammers, padlocks or ball hammer)...people rather look like if they were display cabinet of hardware shop, only lack us that dressmakers put pants as shirt, the shirt as pants, the skirts as tie, underpants as cap, and so on. **“and as the way we live or we are asleep, that’s what we do.”**

Other terrible and hateful cases are those about the famous liposuction,

silicone implants, the use of hormones and all kind of substances and non-conventional substances that penetrate the body, causing physical deformities (grotesque bodies), since these elements within the time will produce certain mutations, because most of these bodies attract electromagnetic radiation that coupled with ultraviolet and infrared rays from de sun, unfiltered rays, that penetrate the body causing damages on the bones, skin cancer, ulceration, tissue destruction and unknown and incurable diseases.

It is sad to see how teenager girls are been submitted to surgeries, liposuctions, silicone implants, and all with the approval of their parents who ignore or disregard of the incalculable and irreversible damage caused for these objects or substances, they allow them to do so.

If those who are using piercings Will make an analysis of the accumulated radiation on their bodies they would be terrified, astonish; these metals are true receiving antennas of radiation from mobile phones, microwave signals, cables of high-voltage and even lightning, and the final result is cancer in the bones, brain, etc.

And nor so that to speak of the modern sunburn cameras, cause of a large number of cancers.

Finally...have full security within a very short time, about four or five years from now, we will be looking at human monsters in mass due to the lamentable and horrible attacks against their own body, because the natural laws charge by these mutilations, these abuses against the physical body.

All this by the insatiable vanity to show off the world what the nature by the

“Divine Law”, did not give them..., they also want to change it “at fancy ego”, it is called” violence against nature. “

What a terrible and disastrous is vanity, what a lack of knowledge, conscience, respect for your body and the Divine Laws; what a shame of these poor human beings who do not care to suffer terrible and perhaps fatal consequences, in order to satisfy their ego, for a few moments of exhibitionism to show off to the humanity.

This is the reason why we must be irreversible in awaking our consciousness, so that we will have the ability to think over, to understand until we satisfy everything that hurt us, in terms of physical, psychological, moral as well as spiritually; let's be serious, let's stop wasting time in futile reasoning and let's get into the direct way that it is the path of the brave, intelligent and researcher warriors, Because “It

is not too brave the warrior who faces the physical death, like the one who faces the psychological death indeed". "it is not too powerful the man who owns lots of wealth, wise and powerful is the man who has control over himself."

The nature does not withstand the abuses or excesses of the humanity against it anymore; right until now it has only been charging interest rates, let's wait from now on the charges or fees of the whole capital and do not live from illusions or the simple idea that the situation of the planet is going to be fixed, this is totally absurd, the problems of the planet Earth do not have solutions while we continue with this destructive mentality, it would be easier to hide sunlight with a finger instead of trying to correct this terrible chaos caused by madness of the most of us "the

humans”. If we had had the willingness to make the revolution of consciousness, we could save something from the little that still we have, because the problems of the planet are latent within ourselves and are not going to be fixed or worked out by political demagoguery, blessings or prayers, it is by doing the revolution of the consciousness.



“CONCERNS”

What is a request or plea?, What is to pray?

Let's see:

When we request we are not praying, although we do so when we give. A prayer to the Lord, a Hail to the Mother of God, and so on, all these are requests, entreaties or pleas because we are asking for help, protection; to pray is that spiritual fight, that work we do to achieve a straight way of thinking, a straight feeling, and straight way of acting. To pray is something regarding to the respect and veneration for all things created by God; for instance: if at any time my desire is to defame, slander, insult, and I do not do it, here I am praying because I am restraining my tongue, my thoughts, that negative impulse to do the evil to my fellows; if I

think to steal, adulterate, kill, lie and so on, I think over this and I do not perform it, then I am praying, because I am sacrificing those sinful thoughts; if I think about committing acts of cruelty to animals and I do not do it, I am praying because I am respecting the laws of God; then to pray is when we are giving something, they are all the good acts we do in our daily lives and in every second of it , the other is a plea or request and these requests we must pay for or pay off by praying, that is dying on defects, doing good works as those of charity, in synthesis dying for the world, the opposite has no value at all.

Then we must understand the difference between a plea and to pray.

Another concern is that of the scientists who are surprised and make the humanity hallucinate, because they

have discovered another planet or moon possibly habited; they do not know that in the outer space there are countless of solar systems and galaxies, that the human imagination is not enough to calculate how many trillions and trillions (to say the least) of habited planets in the cosmos exist.



“THE HOLY GRILAL”

The Holy Grail, cup, dish or plate that researchers are looking forward to getting in many places of the world, this is neither made of metal nor adorned with precious stones, this is a very simple cup, it was made from a very special wood of black colour, that eventually is fossilized or petrified; then it has nothing to do with gold or precious gems.



“THE NOAH’S ARK”

The called Noah’s Ark, is not a wooden ship as researches are looking forward to getting desperately and hopelessly; high mountains are climbed in search of a piece of wood from which it was made originally, this supposed ark or ship, wasting time on something non-existent, since they will not find wood nor even for a single toothpick. Who has thought the idea of a ship made of wood with the capacity and strength to accommodate thousands and thousands of animal species and store thousands of tons of food to feed them? Since them there were as big as capable to eat one or two tons in a day. It is said from the ancient times that the deluge lasted forty days and forty nights, plus one hundred fifty days the waters were stagnated on the Earth face, when the flood decreased its level there were no

plants or vegetation of any kind, then How much time they would have to wait for getting food? ... Meanwhile, what did these living beings and animals eat? This Noah's Ark referred to the Bible is another very different kind of ark from a wooden ship and it will be explained to whom is interested in.



“THE LIMBUS”

The “LIMBUS” existence was sustained for centuries or ages, known as the place where all “**non-baptized**” children used to go after death. But suddenly it turns out that it no longer exists thus certain personage, for whom it was impossible to continue holding such nonsense.

Anyone who analyses it using a superior logic can deduce how absurd is to deny to an innocent child, to enjoy eternal peace! Because others were not able to make a rite for him, which is far from being true “**baptism**”, which must meet every human being who wants to get his “**Self achievement**”.

But keep an eye that the error here is not in the existence of this “limbus”, but in the wrong interpretation or misunderstanding of these children who are not “**baptized**”.

Errors like this, and many others have started from wandering to hide the humanity the wise realities of sex. Likewise all these false beliefs will be falling one by one, and we mean false beliefs because the truths are not or stop to be truths because concepts of those sleepy beings, without **“CONSCIOUSNESS”**, because **the real thing is, has been and will be forever and ever until the end of times.**

Those previous chapters: the Holy Grail, the Ark of Noah, baptism and many other thoughts are directly related to the “Sacred Mysteries of the Sex.”

Let's think deeply, let's leave the believes and dogmas behind, to strive to know ourselves, **waking up consciousness** to unravel the called mysteries of nature.



“THE UNPUNCTUAL INDIVIDUAL HUMAN BEING”

The unpunctual being is the most irresponsible and indolent person, he fails five, ten, twenty or more times, and it does not matter for Him; He is cynical and justifies everything with lies or false things, but if somebody fails to fulfil to him once, He neighs, shouts, rolls, cracks like as cicada in the summer, insults and labels to the others as an unpunctual individual human being, he/she is someone in lack of word, worthy is the time for him but for his fellows it is worthless; he thinks he is the only one who has task to do and he is busy almost all the time, and he also thinks the other has no shores to do that must be pending or aware of this indelicate individual; this individual wants to demand to his fellow men what he does not have; he/she is an insecure

being who is untruthful; he justifies his human errors saying: “I am very punctual, the issue here is I have no good memory.”

The advice to these phlegmatic personages is:”play with your own time, but do never play with some other people’s time.”



“SELF-INTERIOR THOUGHTS”

“If you really are an intelligent and brave warrior, do not look further your enemy on the outside, look for him within yourself.”



“The warrior who faces the physical death is not as brave as the one who faces the psychological one.



“Never get rid of your old shoes if you have not tried on the new ones before, it would not be you have to take a long and painful trip barefoot.”



“No matter how dark and thick darkness is, as much as the darkness of ignorance.



“It is not too powerful the man who owns lots of wealth, wise and powerful is the man who has control over Himself.”



“The big man is humble, simple and prudent; the conceited man is proud and prepotent, is so empty and so insignificant that is not seen.”

"Do not look with disdain or contempt at anyone who shows you a defect or error of yours or hurts you too; because if you do feel yourself offended, it is because you do have it, then do not kill people with your sight, your untold thoughts or wounding words, to whom he served as a messenger to Divine Law to show your own mistake; Do your best to respect the Divine law and kill the error ."

Laureano Rodríguez Morales





“WOMEN”

One of the greatest wonders of the divine creation, are these great beings called WOMEN, living representation of our mother nature, as all creatures made at the same image and likeness of God, a true garden which a paradise is decorated with; created to give light, color, brightness, perfume, joy and harmony to everything that has existed, exists and will exist; dishonoring to this great being it is to mutilate the universe, it is to castrate divine thought, it is to have the head filled with stones or pebbles, it is wandering to destroy the most perfect living sculpture, is to disrespect to whom is in this sacred enclosure that is her womb, gave us body for life.

We need to go back to that bright past where women were respected, revered and loved by beings different from this decadent and materialistic time, where they are only look at as a simple sexual toy to be used and get rid of discarded, a tool for satisfying morbid and passionate desires.

Nowadays we see painfully that women are moving to a deplorable level of degradation, due to the negative mentality of most of the human beings.

They are used as distinctive, as a commercial and marketing hook, because if they are not shown naked or semi naked publicity and advertising is worthless.

We have to fight to recognize and understand them again, as mothers to be worth enough, as a wives, sisters and as daughters, as friends and partners, with our thoughts, words and actions.

Do not get stain anymore to these noble being named women, let's do think and act in a superior and intelligent way, let's transform this savage and passionate instincts to get moral authority, and in a moment of lucidity we can teach the youth to understand the incalculable value of women, who were, are and will be the symbol of love, and love is not profaned.

What a joy and happiness if we would plenty recognize the sublime, deep and terrific power of women! by this I say: "Thousand and thousand of times Women will be blessed because without her womb men would not never exist."

¡Women! Stand up and demand for your rights as a life creators, as a wombs of live, Do not become as a simple sexual spare time object; Do open your eyes and be worth, Do not allow others to handle you

as a guinea pig; Do not allow your sacred bodies to become the weaving looms where are weaving the basic instincts of those who think so; Raise the flag of dignity and do not be afraid to lose the battle; to be a queen is in your own hands so is to be poor, troubled and “slaved” of a sad and painful fate.

*When God our lord
created the first woman,
the whole brightened,
the plants groomed,
and the universe sang.*

*On to the face of Earth,
a perfume was breathed;
it is the Divine presence,
the beloved who stood up.*

Laureano Rodríguez Morales





“PREDICTIONS”

**When the rainbow changes it s
colours...**



**When the wound of the sea bottom
will be closed, the water will rise it s
level and will claim for it s coasts...**



**When the birds will stop singing in
the day and they will do so at
night...**



**When unknown and ferocious
beasts will leave the seabed...**



**When the poles will be completely
dissolved and will start the rain of
fire...**



**When we will see in space signs,
signals or weird phenomena...**



**When higher intelligences will get
through space, and those who have
denied their existences, the fans,
arrogant and unbelievers will suffer
their shame...**

**When the gold planet will make it s
appearance in twilight...**



**Let's be prepare to pick up the ripe
fruit of our good deeds, or lightning
and storms of our bad deeds.**



**Because in Rome, an empire that has
been tied to humanity with deception
...It will fall!, The bowels of their
leaders will crack and its stench will
be unbearably nauseating.**

**In Washington, a powerful dragon
will be self destroying with it s own
fire.**



**In Israel, the beast will knock down
on the Earth and the dust that will rise
will scatter its field of destruction.**

Laureano Rodríguez Morales





I leave you these concerns based on direct experiences...I am not a wise neither a transcended being...nor a master, I am just a restless of the interior and practical knowledge; I want to share them with my fellows to open your heart and mind and do not let others to deceive you, and show you with real facts and proven in practice, the truth I assert here.







“THINK”

Do not do the same what the foolish youth do: they do not listen to any advice for their own regeneration, for their own psychological, physical and spiritual balance; because when you turned to an old age, when you are not capable to make any bad thing, you would start to become a/an hateful, a self-righteously who starts to give good advice, probably about those that you did not want to heard or applied to when you were young, and we wonder: What moral authority or strengths you can give these advices or straight thoughts? Do not become a frontage moralistic one of appearances, do not be hypocritical.





Mr(s) Reader:

After reading, studying and comprehend this simple and small book, spread it all over your surroundings so that others might have the opportunity to know this teaching. And if you want to make a deepen study in a direct path of the integral overcoming, in the awaking of consciousness, in knowing the powers of sex, the absolute regeneration of the human being, the unknown or what is said to be a mystery...contact us.

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*"A true warrior does not waste time listening
foolish words, he prefers to leave those words
behind his back and go away"*

LAUREANO RODRIGUEZ MORALES